

## QUESTION

Case study on Self-Care Deficit Theory-Dorothea Orem

Activity Guidelines:

1-Read Self-Care Deficit Theory first

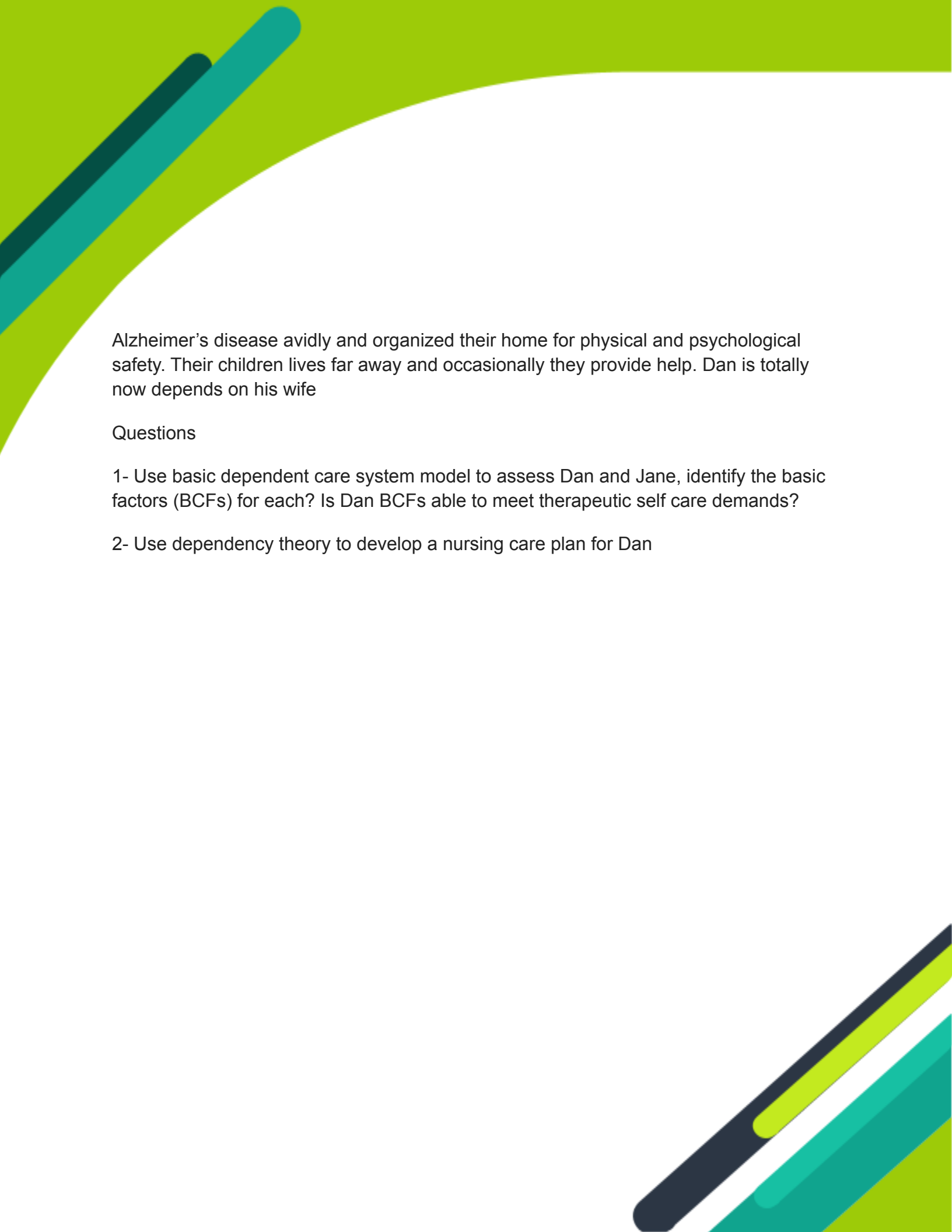
2-Read the case and answer questions depending on evidence based. Use articles that support your answer

3-The activity should be typed and based and written on APA style

3- referencing on APA style

Case Study

Dan is 65 years old man retired form his work and married to Jane who is 60 years old woman working as principal in a school. Dan went to surgery for pancreatic cancer. Dan and Jane like travelling. Dan begin to exhibit the early signs and symptoms of Alzheimer's disease. One of the early signs appeared the previous Christmas as they were hanging outdoor lights. Jane noted that Dan could not follow the sequential directions she gave him. As time passed, other signs appeared, such as some memory loss and confusion, frequent repeating of favorite phrases, sudden outbursts of anger, and decreased social involvement. Assessments resulted in the diagnosis of early Alzheimer's disease. Dan was prescribed Aricept drug for his condition, and Jane began to prepare herself to face this new stage of their married life. She read literature about



Alzheimer's disease avidly and organized their home for physical and psychological safety. Their children lives far away and occasionally they provide help. Dan is totally now depends on his wife

#### Questions

- 1- Use basic dependent care system model to assess Dan and Jane, identify the basic factors (BCFs) for each? Is Dan BCFs able to meet therapeutic self care demands?
- 2- Use dependency theory to develop a nursing care plan for Dan

## ANSWER

The point is to plan an Individualized Nursing Care Plan for a patient with Alzheimer illness in the

Essential Care (PC) field. The particular targets are:

To identify, through a total and vital evaluation, the broken examples that show up during the acknowledgment of the consideration plan.

To distinguish and detail the current nursing analyze and the particular consideration needs to the patient for every one of the examples modified by the NANDA scientific categorization.

To focus on and plan with the patient and her fundamental parental figure, a few targets and a program of exercises to restore these changed examples once again straightaway, by utilizing the NOC and NIC scientific classifications.


To execute the arranged exercises and assess the consequence of the nursing intercessions.

To shield the significance of the medical attendant job in the avoidance and approach of fragility in

old individuals residing locally through home visits.

The strategy that has been utilized to complete this task has been the Nursing Care Process (NCP) (Alligood and Tomey; 2014), which is a coordinated and precise technique for overseeing individualized nursing care. It comprises of five stages: appraisal, analysis, arranging, execution and assessment.

In the evaluation stage the wellbeing not set in stone, and the genuine and potential issues are distinguished. The practical examples of Marjory Gordon (Alligood and Tomey; 2014) have been utilized as an appraisal apparatus by a meeting or anamnesis, and along these lines, to have the option to distinguish the modified examples.



Likewise dependent on the model of Dorothea Orem (Prado et al., 2017), a medical caretaker who spurred and advanced the Theory of Self-care. In this hypothesis, Orem subtleties that taking care of oneself is about "... a conduct of mature and developing individuals who have acquired and fostered the abilities to deal with themselves in their natural circumstances". Nursing experts in the act of this model figure out what necessities are requested by the patient, recognize suitable ways of covering them and the legitimate strategy and decide the patient's capacities to fulfill

their necessities.

Then again, the North American Nursing Diagnosis Association (NANDA) (Herdman, 2015) scientific classification was applied to form the nursing analyze identified in the appraisal and connected with the patient's illness interaction, taking care of their affiliation and application in the home setting. The issues figured have been focused on, expressing the normal goals dependent on the Classification of Nursing Outcomes (NOC) (Moorhead et al., 2014) and, beginning from this, plan the most pertinent intercessions utilizing the Classification of Nursing Interventions (NIC) (Bulechek et al., 2014). At last, both were utilized both for assessment of results in the main appraisal and to assess the advancement of the patient

